

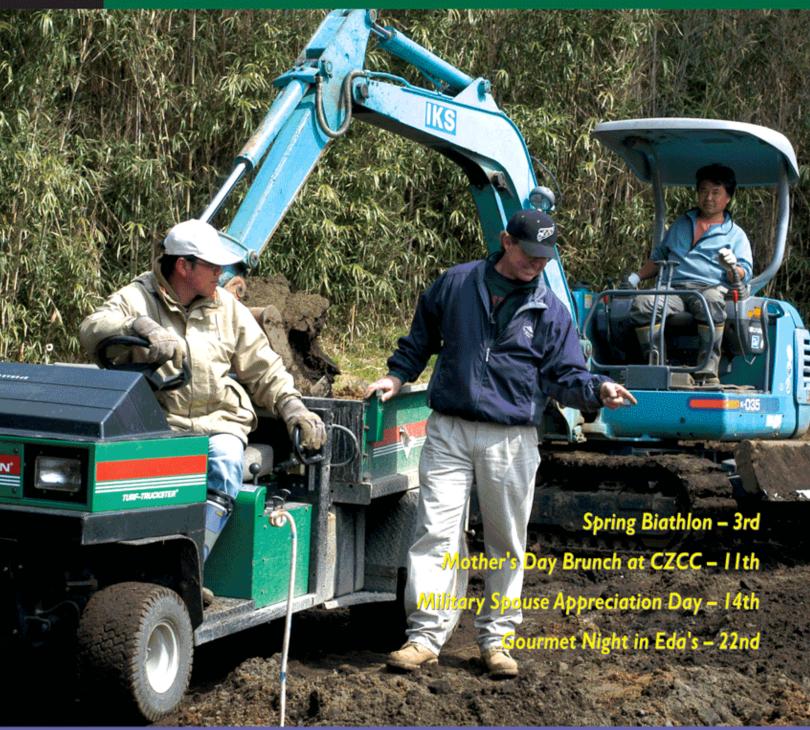
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The best activities guide around!

**MAY 2003** 





The U.S. Army Garrison, Japan (USAG-J), Services Division, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

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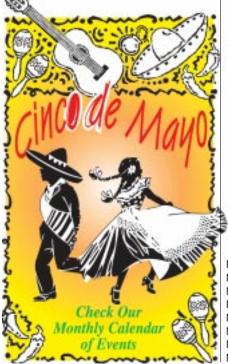
# BUGLE Contents



### THIS MONTH'S COVER

Pictured, left to right, are equipment operator Kazuyoshi Fujita, Golf Course Supervisor Gregg Swanson and track hoe operator Kazuo Watanabe (who was February Employee of the Month). They are working diligently to finish the immense project of rebuilding the 12th green at the Camp Zama Golf Course. The project started 3 March, and is now finished pending the grow-in of the putting surface. Anticipated opening date for the new hole is mid-June. In addition to this project, hundreds of trees are being planted to replace the dying Japanese pines, and all tee boxes are being sodded.

Photo by Richard Haun, and technical enhancement by Hideko McKeta.



17TH DIR. COMMUNITY ACTIVITIES	MS. WITTKAMP	263-7611
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ARMY COMMUNITY OFFICE	MS. ABRAMS	263-8087
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SAGAMI LOUNGE	MR. LARKIN	268-4954
SCHOOL AGE SERVICES	MS. GATES	267-6317
SPORTS & FITNESS	MR. KUMZAK	263-4042
PROPERTY CONTROL	MR. MCCRAE	263-4967
TEEN CENTER	MS. MORRIS	263-4500
YOUTH SPORTS	MS. JEW	263-5437
10TH DCA TORII STATION	MR. THOMAS	644-5396
OTHER NUMBERS		
CENTRAL ACCT NAF	VACANT	263-4222

### CENTRAL ACCT NAF VACANT CPAC MS. MORGAN 263-3755 CPAC NAF UNIT 263-4383 FAMILY HOUSING OFFICE MS. OUFNGA 263-3527 HARDY BARRACKS LODGING MR. SHIBATA 267-3270 KURE LODGING MS. UPTON 256-2539

### **MWR MARKETING**

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The U.S. Army Garrison, Japan

Unit 45006

Attn: APAJ-GH-CA-CSM APO AP 96343-5006

Official Business

Location: Camp Zama, Bldg.102 B100 (Northeast Corner)

May Bugle Editor: Hideko McKeta

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
• Summer I • Intramura	IG EVENTS: Reading Program - al Softball - 2 June Golf Tournament - 7		×		• Payday Scramble CZGC	Masquerade Parade in Yokohama Tour     Spring Biathlon Yano Fitness Center     Cinco de Mayo CZCC
• First Holy Communion Zama Chapel • Sunday Brunch Sagami Lounge	5	• Power of Youth Yano Fitness Center	• Mongolian BBQ CZCC	8	• Military Spouse Appreciation Day ACS	• Mother's Farm Tour      • PWOC Mother Daughter Tea CZCC
• Mother's Day Brunch CZCC	12	Checkbook     Management     ACS     Single Parent Support Group Meeting     ACS	• Mongolian BBQ CZCC	Job Search Workshop ACS     Breastfeeding Support Group Meeting ACS     Nichibei Friendship Pro-Am Tournament CZGC	16	Shimoda Black Ship Festival Tour     Men's Prayer Breakfast SHA Chapel     Paragliding Class ODR
Kinoshita Circus Tour     Jogashima Island Tour     Sunday Brunch Sagami Lounge	19	Newcomer's Orientation CCC     Power of Youth Yano Fitness Center	Mongolian BBQ CZCC     Medical Morning & Community Tour ACS	• Train Class I ACS • Gourmet Night CZCC	• Yokohama Zip Trip Tour	• Train Class II ACS • Fuji Safari Park Tour • Match Play Qualifier Tournament CZGC
SHA Inspirational Service     Sagami Depot Chapel     Soth Anniversary of Zama Chapel     Nikko Hot Spring     Overnight Tour	• Tokyo Bay Lunch Cruise & Odaiba Tour • Tokyo Disneyland/ Disneysea Tour	27	28 • Community Information Exchange Meeting ACS • Mongolian BBQ CZCC	• Homebuyer's Workshop ACS	• Payday Scramble CZGC	• Clam Digging Tour • Mt. Nokogiri Hike ODR



# ommunity Information Exchange Meeting.

This is an open forum for senior leader spouses, Family Readiness Group (FRG) leaders, and community members. Command leaders and community representatives provide information and updates on community events and projects. The next meeting will be held on 28 May in the ACS Community Room at 9 am. For more information, contact Wanda Abrams at 263-8057.

# ■ Army Community Service • 263-8327

(Map location 2)

# FINANCIAL AND EMPLOYMENT READINESS 263-8091

Another Thrift Savings Plan benefit current enrollees are receiving the program benefits of contributions from pre-tax dollars, accumulation of taxdeferred earnings, and interest compounding. Contributors also receive additional tax savings from the Economic Growth and Tax Relief Reconciliation Act of 2001. Under this act. members who participate in the TSP during tax years 2002 through 2006 may be eligible for a tax credit on their federal income tax return for each year they contribute to the plan. The tax credit will depend upon the adjusted gross income of an individual or couple that files jointly.

Credit	Individual	Filing Joint		
50%	\$0-\$15,000	\$0-\$30,000		
20%	\$15,001-\$16,250	\$30,001-\$32,500		
10%	\$16,251-\$25,000	\$32,501-\$50,000		

The next open season is May 15 through July 31. Don't miss another opportunity to reduce your taxes.

For more information, or to make an appointment for a free consultation with the ACS Financial Advisor, call 263-8091 or e-mail steven.lamontagne@zama.army.mil

### • Checkbook Management

Tuesday, 13 May, 1:30 - 3:30 pm, in the ACS Conference Room.

### Job Search Workshop

Thursday, 15 May, from 10 - 11 am, in the ACS Conference Room. To register, or for more information on any of above classes, contact the ACS Financial and Employment Advisor at 263-8091 or e-mail steven.lamontagne@zama.army.mil

# RELOCATION READINESS 263-8089

### • Homebuyer's Workshop

The workshop will be conducted on 29 May, from 6 - 9 pm in the ACS Outreach Room.

# • Medical Morning and Community Tour

Healthcare professions provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The briefing will be held on 21 May in the ACS Community Room 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program.

A community bus tour will be conducted immediately following the briefing. All new arriving spouses are encouraged to attend. Lunch will be provided. The tour is scheduled from 11 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

### • Newcomer's Train Class Parts I & II

Train Class Part I will be held on Thursday, 22 May, 6 - 8 pm, in the ACS Community Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

Train Class Part II will be conducted on Saturday, 24 May, 9 am. Join us as we practice how to travel by train and subway. Our class will travel to

# Command Right Start Program Installation Newcomer's Orientation

All newcomers are invited to attend the Newcomer's Orientation on Tuesday, 20 May, 8:30 am - 3:30 pm, at the Community Cultural Center, Building 267. The program will begin with a welcome by the Commanding General and the Garrison Commander. Several presenters will provide an overview of the policies, programs, and services at Camp Zama. An information fair will be conducted during this time which will offer participants an opportunity to meet community representatives and managers from MWR, DoDDs, AAFES, Commissary and Private Organizations. The orientation also includes a bus tour and a "Taste of Japan" luncheon. This program is mandatory for military and civilian personnel. Adult family members are encouraged to attend. Free childcare is available by calling CDS in advance, 263-4743.

• FOR INTERNATIONAL CALLS:

99 + 001 + Country + Area + Phone Code Code No.

• FOR DOMESTIC CALLS:

99 + 001 + Area +Phone

Thanks to our sponsor, KDDI, for supporting the ACS Newcomer's Orientation



Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

# FAMILY ADVOCACY PROGRAM 263-8057

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse by improving family functioning, easing the kinds of stress that can aggravate or trigger patterns of abusive behavior, and create a community that is supportive of families. The prevention of family violence is a community responsibility, which includes awareness, education, and intervention in high-risk situations. If your unit or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education or family life enhancement etc., contact the Army Community Service (ACS) Family Advocacy Program at 263-8057.

The Reporting Point of Contact (RPOC) for suspected child or

spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, contact the ACS Family Advocacy Program, 263-8057.

# • Single Parent Support Group Meeting

Tuesday, 13 May, 1:30 - 3 pm, ACS Bldg 533. The desired goal of this group is to support others, identify and resolve issues that affect family and mission readiness, as well as provide educational information relative to our family systems. For more information, contact the Family Advocacy Program at 263-8057 or 263-3638.

# • Breastfeeding Support Group Meeting

Thursday, 15 May, 9:30 - 10:30 am, Bldg 533. The focus of this group is to support mothers who are presently breastfeeding and expectant mothers who have concerns about breastfeeding. For more information contact the New Parent Support Program at 263-3638.

# ARMY COMMUNITY SERVICE (ACS) NEW PARENT SUPPORT PROGRAM – 263-3638

1, 8, 15, 22, 29 May - Sagami De-

pot Play Morning Group, 9:30 - 11 am, Bldg 80S22. The ACS New Parent Support Program is offering a playgroup for parents and children 6 years and under at the Sagami Depot Group Home. For more information, contact the NPSP Specialist, Ms. Sonji Brown, 263-3638 or the Family Advocacy Program, 263-8057/5550.

# COMMUNITY LIFE OFFICE 263-8057

Quarters Beautification Competition (formerly Yard of the Month) The Quarters Beautification Competition will commence in May and end in September 2003. The Mayor, Deputy Mayor or Building Coordinator of the housing areas of Camp Zama, to include the high rises, Sagamihara and Sagami General Depot will be judging their areas lawns for the winner, first runner-up and second runner-up awards. Some lawn supplies may be available to residents at the USAG-J, DPW Self-Help Center. The Self-Help Center can be contacted at 263-4639.

For more information contact Army Community Service Bldg 402, 263-8327.



For more information, please contact Army Community Service, Bldg. 402, at 263-8327.



Grip It "N" Rip It for a trip. Grand Prize winners receive an all-expense paid "Great Golf Escape" package for two at a championship golf resort, and win instant prizes when you receive the red "lucky" ball at your golf driving range.

The concept is simple. With every bucket of balls purchased, patrons receive an entry form for the grand prize drawing scheduled on or about 31 July, plus a chance to find the prize winning ball in their lucky bucket. Each bucket of balls increases your chance to win.

# ■ Camp Zama Golf Club • 263-4224 (Map location 21)

### MAY PAYDAY SCRAMBLES

The May Scrambles will be held on Friday, 2 May and 30 May. Both events start at noon. Form your own four person team and join us at the Camp Zama Golf Course for a day of golf, food and prizes. Entry fee is \$15 per person for members. Nonmembers must pay applicable green fees (\$2 optional entry fee for closest to the pin competition).

# NICHIBEI FRIENDSHIP PRO-AM TOURNAMENT

Thursday, 15 May, 9 am, shotgun start. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for Zama Golf Club members.

# MATCH PLAY QUALIFIER TOURNAMENT

Saturday, 24 May, regular tee times. Cost is \$10. This event will be conducted throughout the



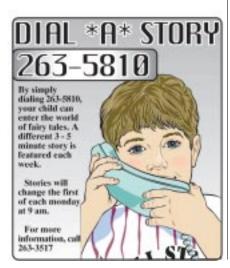
rummer, culminating with a 36 hole final in August.
Call the Golf
Shop at 2634224 for details.





# ave

fun learning life time skills by joining the Lifetime Sports and Recreation Program. Read a book and participate in any other three additional events / programs and receive a free Lifetime hat or shirt.



# ■ Community Libraries · 263-3517 (Map location 17)

### **CHECK OUT OUR WEB SITE**

http: www.usarj.army.mil information/zama/mwr/library/index.htm

### **ON-LINE RESEARCH TOOL**

Try our on-line research tools First Search. OCLC and Facts on File to search, for the information you need. Stop by the library and discover a world of information at your fingertips.

### **E BOOKS**

(The electronic version of the printed book). Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or use at home. Stop by the Zama, SHA or Depot Libraries to apply for a personal Ebook account today. We require 24 hours to set up an account.

### **NEW MCNAUGHTON BOOKS**

- · Flashback by Barr, Nevada
- Liberty by Stephen Coonts
- The King of Torts by John Grisham
- Someone to Watch Over Me by Judith McNaught
- Late Bloomer by Fern Michaels
- What Next by Walter Mosley

- Seven Dials by Anne Perry
- The Secret Hour by Luanne Rice
- Life is Hard, Food is Easy by Linda Spangle
- The Best Revenge by Stephen White

### **NEW VIDEOS**

- The Magic School Bus Gets Eaten ...... Childrens
- Fashion Victimes (Pockemon) ...... Childrens

- Homeward Bound II (Lost San...
- Frencisco) ...... childrens

   Dumbo ..... Childrens
- Operation Dumbo Drop...... Childrens
- The Jungle Book ...... Childrens
- Message in a Bottle..... DramaHatari..... Classic
- The Man Who Knew Too Much
- Beat the Devil ...... Classic
- ......Comedy
- St. Elmo's Fire ...... Comedy
- Wild Orchid...... Drama
- 007 (Golden Eye) ...... Action

### **NEW DVDS**

The Cell	Thriller
The Red Violin	Drama
Octopus	Horror
The Last Don	
Mission to Mars So	cience Fiction
Space Cowboy	Adventure
Get Carter	
Remember the Titans	Drama
The Replacements	Comedy
Anywhere but Here	Comedy
Patriot	Adventure
Second Skin	Suspense
My Five Wives	Comedy



# ■ Arts and Crafts • 263-4412 (Map location 3)



### **FAMILY TIME PROGRAM**

Washi paper and tole painting classes can be arranged on Wednesday's Family Time program in addition to the regular schedule. Let us arrange a schedule at your convenience on Wednesday afternoon. You must register in advance.

### **SERVICE**

### • The Craft Store

The Crafts Store at the Arts and Crafts Center has many products to include Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more. Our space is limited but we do our best to help you. If you don't see something you need, please fill out a Customer Product Survey form

at the counter.

### • Balloon Shop

Helium filled mylar balloons range from \$2.75 to \$3.75. Latex of many colors are 75¢ to 85¢. For better service, place your order in advance.

### **CUSTOM PICTURE FRAMING**

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

### **PRINT SHOP**

### • Screen Printing and Heat Transfer Printing

We carry heavy weight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.

ARTS CLASSES			
Woodworking	Thursday Saturday	6 - 6:30 pm 10 - 10:30 am	No fee No fee
Ceramics	Thursday	6 - 8:30 pm	\$5 plus materials
Pottery Basic Course Advance Course	Saturday	2 pm Appointment only	\$10 plus materials \$10 plus materials
Framing Basic Advance & Refresher	Wednesday	6 - 8 pm Appointment only	\$10 plus materials \$10
Textile Arts	Thursday (1, 2 and 3rd)	5 - 7 pm	\$15
Japanese Dough Art	Friday	2 - 4 pm	\$10 plus materials
Tole Painting	Thursday	3 - 5 pm	\$15
Washi Paper	Friday	2 - 4 pm or 4 - 6 pm	\$15
All classes require registration in advance at the Arts and Craft Center.			

# ■ Academic Training • 263-5633/3992 (Map location 17)

### COLLEGE REGISTRATION

Term V will be conducted from 19 May to 30 May for the University of Maryland and Central Texas College.

Education Center (for TA): 263-3015 University of Maryland: 263-5379 Central Texas College: 263-5228

### ARMY EMERGENCY RELIEF (AER) SPOUSE TUITION ASSISTANCE

### • Spouse Tuition Assistance

Army spouses may receive 50% tuition assistance for college/university classes at Camp Zama. Deadline for Term V (2 June - 26 July) is 5 May. Apply online at www.aerhq.org

### JAPANESE HEADSTART

This free course is mandatory for all military personnel assigned to Camp Zama. Learn about Japanese customs, culture, and language.

Adult family members and DACs are encouraged to attend. To enroll, please telephone 263-5311/3015. Course period:

5 - 9 May and 27 May - 2 June Time: 8 am - 4:30 pm

(Lunch: noon - 12:45 pm)

### TROY STATE UNIVERSITY

Begin a Master's Degree in Public Ad-

ministration with Troy State University. The upcoming classes offered are:

- PA 6620 Organizational Theory 5 - 13 July
- PA 6650 Governmental Budgeting 26 July - 3 August

Registration is 2 - 13 June. For more information, please contact Hilary Moore at 263-5068.



# Camp Zama Community Club

(Map location 12)

• 263-4133

adies Night. Ladies, join us every Thursday, 7 - 11 pm, in the Firelite Lounge. The DJ will be playing a variety of music



### ■ MONGOLIAN BBQ

**EVERY** Wednesday in the ballroom, 5 - 9 pm. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

### **■ BINGO NIGHT**

Our bingo program has changed! Every Thursday and Sunday nights try our new games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win the largest prize pay outs in Japan (\$100,000.00!) But, you will never know unless you come out and play. Don't worry about dinner; while you play our waitstaff will take your order from our new bingo menu and deliver it right to your table!

### ■ EDA'S SEAFOOD AND FILLET

A touch of elegance, featuring quality meals and service. Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm, Friday and Saturday from 5 - 10 pm. Meals start at \$18.95.

### **USA BUFFET**

■njoy soup, salad, starches, vegetables, three entrees and dessert. For adults, \$9.95; ages 4 - 12, \$4.95; free for ages three and below. This is a family style all-u-can eat buffet. Friday Night Only from 5 - 10 pm.

### Ballroom

Bingo Sun 6 pm 7 pm Cards go on sale one hour before the first game.

### Firelite Lounge

Wed 7 - 9 pm Karaoke Thursday Ladies Night 7 - 11 pm Friday Variety 7 - 11 pm Hip Hop 10 pm - 3:30 am Sat Country 10 pm - 2:30 am Sun Jazz 5 - 11 pm



### **LUNCHES**

### **Sunday Brunch** Monday - Closed **Tuesday**

- 6 Veal Parmagiana w/Vegetable
  - Chinese Style BBQ Pork
- 13 Cheezy Ham and Macaroni Cheese
  - Oriental Grilled Chicken
- 20 Sloppy Joe's on Bun
  - Pork Katsudon w/Rice
- 27 Turkey Tetrazzini
  - Stir Fried Diced Pork w/Peanuts

### Wednesday

- 7 Chicken Cordon Bleu
  - Seafood au Gratin Casserole
- 14 Hot Roast Beef Sandwich
  - Grilled Salmon Fillets
- 21 Breaded Cod Fillets
  - Pepper Steak w/Rice
- 28 Baked Meatloaf w/Gravy
  - Chicken Cashew w/Rice

### **Thursday**

- 1 Mock Filet w/Mushroom Sauce
  - Ankake Fish w/Sweet Sour Sauce
- 8 Shepherd's Pie
  - Quick Fried Diced Chicken
- 15 Hawaiian Baked Chicken
  - Oriental Pork Stir Fry
- 22 Cajun Style Pork Chops
  - Japanese Chicken Cutlets w/Tonkatsu Sauce
- 29 Quick Baked Cod Fillets
  - Beef and Green Peppers

### Friday - Buffet

- 2 Caribbean
- 9 European
- 16 Soul Food
- 23 Asian
- 30 American

### Saturday -

No Lunch

### OTHER EVENINGS IN THE **USA BUFFET DINING ROOM**

- · Chef's Special on Tuesday and Thursday evenings along with our new full menu.
- Prime Rib on Saturday.
  2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our expanded limited menu will be offered in addition to the above specials on Saturday and Sunday nights.

### **DINNER MENU**

Sunday - (2 for 1 Steak Night & Limited Menu) Monday - Closed

Tuesday - Regular Menu (Chef's Special)

Wednesday - Mongolian BBQ & **Limited Menu** 

### Thursday - Regular Menu & Fine Dining

Gourmet Night Buffet Dining Sweet Sour Pork Beef Broccoli Fried Fish Fillets

### Friday - (Limited Menu & Fine Dining)

Chicken Enchiladas

Chimichangas **Fajitas** Spanish Rice Limited Menu

- Fish & Chips Pork Adobo New England Boiled Dinner
- 16 Nocchi w/Pesto Sauce Chicken Cacciatore Veal Piccata Milanese
- 23 Terivaki Steak Country Captain Chicken Spaghetti w/Meat Sauce
- 30 Katsudon Stuffed Green Pepper w/Tomato Sauce Chicken Cashew

Saturday - (Prime Rib Dinner, Regular Menu & Fine Dining)





agami Lounge
"Breakfast" from
8 - 9:30 am (Monday,
Wednesday, and Friday).
Please check out this new
experience.

Sagami Lounge will be closed on Memorial Day, Monday, 26 May.





# ■ Sagami Lounge • 268-4954/4847 (Map location 1) Orders: 268-4142

### LUNCHES

### **SUNDAY**

- 4 Sunday Brunch
- 18 Sunday Brunch

### **MONDAY**

- 5 Teriyaki Chicken
- 12 Pork Cordon Bleu
- 19 Chicken Curry
- 26 Closed

### **TUESDAY**

- 6 Meat Loaf
- 13 Beef Stroganoff
- 20 Beef Steak w/Wine Sauce
- 27 Spicy Baked Chicken

### WEDNESDAY

- 7 Sweet & Sour Pork
- 14 BBQ Chicken
- 21 Pork Chop Suey
- 28 Beef Fajita

### **THURSDAY**

- 1 Spaghetti w/Meat Sauce
- 8 Soft Taco
- 15 Lasagna w/Garlic Bread
- 22 Hamburger Steak w/Gravy
- 28 Beef Fajita

### **FRIDAY**

- 2 Seafood Macaroni
- 9 Mixed Seafood Platter
- 16 Bean & Cheese Enchiladas
- 23 Mixed Seafood Platter
- 30 Vegetable Rice Gratin

### **DINNER SPECIALS**

# TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7)

- 6 Mexican Dinner Special
- 13 BBQ Dinner Special
- 20 Japanese Dinner Special
- 27 Pizza & Pasta Dinner Special

### WEDNESDAY NIGHT

7, 14, 21, & 28 May, draw your own discount

# THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 1 Chef's Dinner Special: Pork Chop Saute w/Picante Sauce
- 8 Japanese Dinner:
- Japanese Style Fried Chicken 15 French Dinner:
- Beef Tenderloin w/Sauce 22 Korean Dinner: Beef &
- Kimchee Saute 29 Italian Dinner: Salmon a Crout

### **FRIDAY NIGHT**

- 2 Steak & Shrimp
- 9 Prime Rib Dinner
- 16 Steak & Shrimp
- 23 2 for 1 Steak Night
- 30 Steak & Shrimp

### SATURDAY NIGHT

3, 10, 17, 24, & 31 May, Mongolian BBQ

10 May \$1 discount, (Mongolian BBQ only)



# ■ Hob Nob Inn • 267-6372

### (Map location 6)

### **HOB NOB NEWS**

The Hob Nob Inn dining room in the Sagamihara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6372.

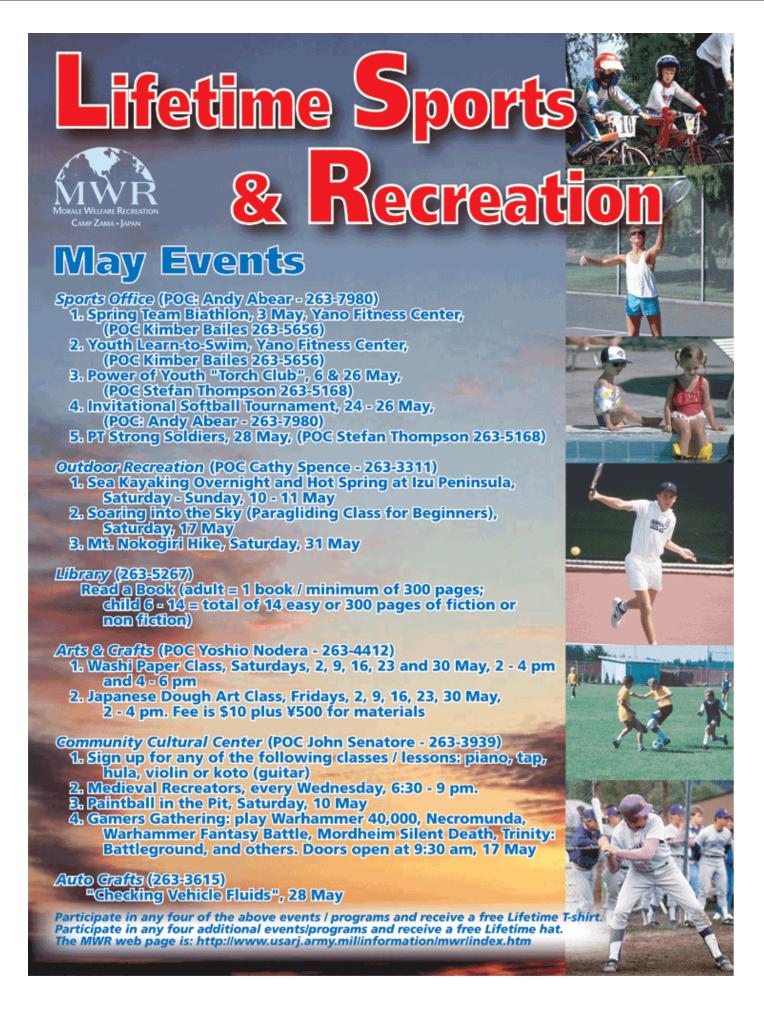
### **MOVIE NIGHT**

Every Wednesday, 4:30 - 11 pm. New selected movies. Adults only.

### KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A great way to get together with your friends. Adults only.





# ■ Child and Youth Services • 263-4743

(Map location 37)

he Camp Zama Youth Center is open for 9 - 12th graders only from 6 - 8 pm week nights, and 8 - 10 pm on Fridays and Saturdays. Transportation provided from and to SHA nightly.

### YOUTH SPORTS.

### • Flag Football Registration

will begin on 3 Jun until 25 July. Children aged 8 to 18 are eligible to participate. Cost is \$35 for the first child and \$28 for each additional child. Register at Central Registration, Bldg 533, or call Youth Sports for more information at 263-5437.

# • Referees and Scorekeepers are needed for Youth Sports

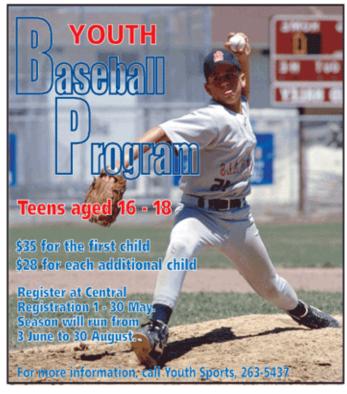
Youth Sports is looking for people in-

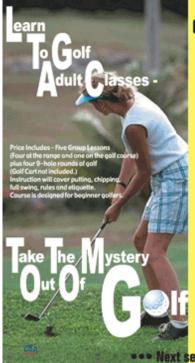
terested in officiating and score keeping during the upcoming baseball and softball season. Mature and young adults ages 16 and up are eligible. If interested, please contact the Youth Sports Office at 263-5437 or 3424.

### • Volunteer Coaches.

Youth sports coaches are needed for the upcoming youth baseball, T-ball and girls softball programs. Register early by signing up at the Youth Center or at Central Registration.







May and June Group Class Schedule

### Session #3

- Instructor:

   Dale Jorgenson,
   Director of Golf
- uate: Wednesday, 7, 14, 21, 28 May and 4 June
- Time: 4 5:30 pm
- Class Size:
   Maximum 8 students
   Minimum 6 students
- Price: \$45
- Enroll: Sign up at the golf course pro shop

••• Next session starts 23 July •••

## ■ Chapel Activities • 263-4898 (Map location 8)

### **CATHOLIC SERVICES**

**Mondays - Thursdays,** noon - 12:15, daily mass, Blessed Sacrament at Zama Chapel

**Sundays,** 9:15 am, mass, Zama Chapel

**Sundays,** 10:45 am - noon, CCD classes, Religious Education Center (Bldg 278)

**Sundays,** 11 am - noon, Adult Bible Studies, Religious Education Center **First Sunday of the Month,** 5 pm, Parish Potluck, Religious Education Center

**2nd Friday of the Month,** 7 pm, Rosary Making, Religious Education Center

**Last Monday of the Month,** 7 pm, Catholic Women of the Chapel, Fellowship Room

### PROTESTANT SERVICES

**Sundays,** 9:30 am, Sunday School, Religious Education Center (Bldg. 278)

**Sundays,** 11 am, Worship Service, Zama Chapel

**Sundays,** 5:30 pm, Youth Group **Fridays,** Sunrise to Sunset, Prayer and Fasting

# SAGAMIHARA INSPIRATIONAL SERVICES

**Sundays**, 9 am, Sunday School, Sagamihara Chapel

**Sundays,** 10:30 am, Worship Service, Sagamihara Chapel

**Wednesdays,** 7 pm, Bible Study, Sagamihara Chapel

### **LUTHERAN SERVICES**

**Sundays,** 9 am, Worship Service, SHA Chapel

**Fridays,** 6:30 pm, Youth Choir (Lutheran), SHA Chapel

# DEPOT SERVICES (PROTESTANT)

**1st and 3rd Sundays,** 10 am, Worship Service, Sagami Depot Chapel

# SEVENTH DAY ADVENTIST SERVICES

**Saturday**, 9:15 am, Sabbath Worship Service, Zama Chapel

**Wednesday**, 6:30 pm, Prayer Meeting Service

**Friday,** 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

### **JEWISH SERVICES**

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel. Call 243-9511 (LCDR Gersh) for details.

### **CHAPEL ACTIVITIES IN MAY**

**3 May,** 10 am, 1st Holy Communion Rehearsal (Catholic), Zama Chapel

4 May, 9:15 am, 1st Holy Communion (Catholic) Zama Chapel

10 May, 11 am, PWOC Mother-Daughter Tea, CZ Community Club 17 May, 7:30 am, Men's Prayer Breakfast, SHA Chapel

18 May, 10:45 am, Catholic Students - Teachers Appreciation Pizza Party, Religious Education Center 25 May, SHA Inspirational Service Annual Family and Friends Fellowship, Sagami Depot Chapel and Recreation Area

**25 May,** 50th Anniversary of Zama Chapel. Call 263-4898 for celebration details.

### ON GOING BIBLE STUDIES

**Tuesdays,** 9:30 am, Beth Moore's "Living Free", Zama Chapel, Carlotta Ohura, 042-674-5605.

**Tuesdays**, 3 pm, "Experiencing God", Religious Education Center, Ben Salinero, 263-3345.

**Tuesdays**, 6:30 pm, Elizabeth Georges' "A Women's High Calling", Peggy Jackson, 263-7200

**Tuesdays**, 7 pm, "Book of James", 634 SHA, LTC Montgomery

**Wednesdays,** 7 pm, Bible Study, SHA Chapel, CH Lewis, 268-4242 **Thursdays,** 9 am, Beth Moore's "Breaking Free", Zama Chapel, Mitsu Woolley

**Thursdays**, 9:30 am, "Experiencing God", SHA Chapel, Jane Smith, 267-6289

**Thursdays,** 1 pm, Asian/American Bible Study, SHA Chapel, Jane Smith, 267-6289

Thursdays, 6:30 pm, Beth Moore's "John, the Beloved Disciple", Zama Chapel, Jane Smith, 267-6289 Fridays, 9:30 am, "John the Beloved Disciple", Beth Moore, Zama Chapel, Jane Smith, 267-6289 Fridays, 6:30 pm, "Experiencing God", Zama Chapel, Jane Smith 267-6289

The Zama Chapel community has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, and music programs). If you desire more information, please call the chapel at 263-4898.

2 0 0 3



# ■ Sports Office • 263-3954 (Map location 36)

anning booth and aqua massager are available for use.

Costs are:

Tanning booth: \$2.50 a visit, \$20 for 10 visits, and \$35 for 20 visits. Aqua massager: \$12 for 15 minutes.

### INVITATIONAL SOFTBALL **TOURNAMENT**

There will be a Camp Zama "Open" Invitational Softball Tournament 24 - 26 May. The tournament is open to all teams. Participants must be 18 years of age and older and not in High School. There will be team awards for the first, second and third place finishers. Submit entries to the Yano Fitness Center Issue Counter by Monday, 19 May, 5 pm.

Entry fee is \$75 per team. Mailed applications must be postmarked NLT Monday, 12 May to: CRD, DCA, US Army Garrison, Japan, Unit 45006, Sports and Fitness Center, APO AP 96343-5006. ATTN: APAJ-GH-CA-CRS, Mr. Abear. Make checks payable to HONSHU IMWRF. The tournament format will be double elimination. For more information, please call Andy Abear, 263-7980, or e-mail: andrew.abear@zama.army.mil

### INTRAMURAL SOFTBALL

Season will begin on or about 2 June. The entry deadline is 23 May. Units at Camp Zama are eligible to enter a team. Active duty personnel, retirees, DoD/AAFES, family members (18 years of age or older and not in high school), JGSDF, and MLC employees are eligible to participate. Individuals wishing to participate and not assigned or attached to a unit, or from a unit not fielding a team, may enter the player's pool. For more information, please call Andy Abear, 263-7980.

The Camp Zama Intramural Softball

### **AQUATICS**

 Pool Hours Yano Indoor Pool Hours: Monday - Friday 0600 - 1800 Sat, Sun, Holidays 1000 - 1800

### CLASSES

### Aerobics

Aerobics are offered at Yano in the cardio room on the following days from 5 - 6 pm:

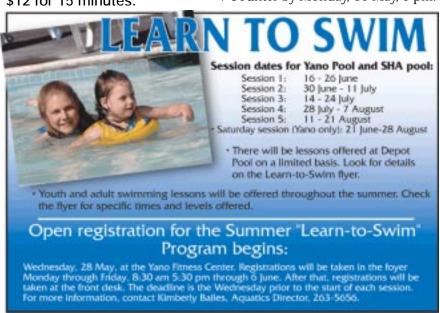
Beginner (Step I): Mondays Advanced (Step II): Tuesdays Advanced (Step II): Thursdays

### Water Aerobics

Water aerobics are offered at Yano Pool on the following days:

Tuesdays and Thursdays, 5 - 6 pm Cost for aerobics and water aerobics: \$3.50 each class, \$15 per week, or \$25 per month.

For information on aerobics or water aerobics, please contact the instructor after class on those days, or



# ANO FITNESS CENTER CUSTOME

### **Effective 1 May**

### 100% ID CARD CHECK IN EFFECT

All personnel must show a DoD ID card for entry. Only authorized Sofa members and soldiers from the JGSDF are allowed to use this facility. Guests are only allowed if signed in and accompanied by their sponsor. Exceptions will be granted for Special Events/Activities. This is a command directive to ensure compliance with Host Nation laws, and to enhance our contol and security of our facility.

> ヤノ フィットネス センター ご利用の皆様へ 100% IDカード提示の実施について

平成15年5月1日より、ヤノフィットネスセンターに入館する際、DOD IDカードを提示することが 全ての人に義務付けられました。この施設はSOFAメンバー、及び自衛隊員のみ使用可能です。 スポンサーが署名し同伴する場合のみ、ゲスト(SOFAメンバー、及び自衛隊員以外の者)の 入館も許可されます。 特別行事・活動に参加の場合は、例外が認められる場合があります。 この方針は、日本政府の法律を尊守し、施設の管理と安全性を高めるために司令官から出されました。 contact Bonita Quinn at CBQuinn@zma.attmil.ne.jp

### Yoga Class

Hatha yoga is now being offered on Mondays, 10 - 11:30 am, at the Yano Fitness Center cardio room. Meditative yoga is now being offered on Wednesdays, 5 - 6:30 pm, at the Army Community Service Building. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk. 263-4664.

### **SERVICES**

- Jacuzzi. Steam Room and Sauna The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi is closed for maintenance.
- Masseuse (massage therapist). "Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Call the front desk at 263-4664 for an appointment. The cost is \$35 an hour, or \$25 for 30 minutes.



To help soldiers optimize their strength training regimen through hands To help soldiers optimize their strength nothing regiment on instruction, suggestions, fips - revamping current programs, technique, or simple things such as answering questions or spotting.

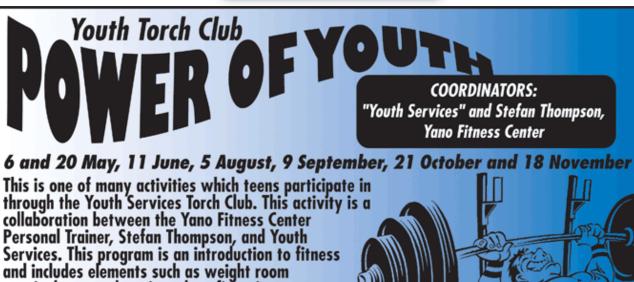


\*\*PT LEADERS - PLEASE CALL AHEAD FOR RESERVATIONS FOR UNIT STRENGTH TRAINING PROGRAMS. \*\*PT LEADERS THAT ARE INTERESTED BUT CANNOT MAKE THE DESIGNATED TIMES, PLEASE CALL FOR ALTERNATE TIMES.

On the following dates, a personal trainer will be available exclusively for active duty soldiers during PT time (0530 - 0700):

28 May, 24 Jun, 23 Jul, 27 Aug, 30 Sep. 28 Oct, 26 Nov and 26 December.

For reservations, ideas, information, questions, call Stefan Tompson at 263-5168.



collaboration between the Yano Fitness Center Personal Trainer, Stefan Thompson, and Youth Services. This program is an introduction to fitness and includes elements such as weight room terminology, explanations, benefits etiquette, workout structure and hands on participation weight - lifting.

For details, or to sign up your child for the Torch Club, please contact Youth Services at 263-4500.

For more specific information on the Power of Youth activity, please contact Stefan Thompson at the Yano Fitness Center, 263-5168.

# The emorial

Day Weekend Camping and Canoe Overnighter. Saturday and Sunday, 24 - 25 May, Adult: \$27, Youth: \$23 (guide, canoe rental, intro to canoe class, round trip transportation) . Sign up by: 5:30 pm, Tuesday, 20 May. Depart: 5 am (24 May) Return: 6 pm (25 May). Camp at the base of Mt. Fuji on Lake Yamanaka. Enjoy canoeing with beautiful mountain views. Get your camping gear ready, or make reservations at Outdoor Recreation for rental items. Bring your fishing pole for bass fishing (fishing license is required). Participants must pay for the camp site, food, and camping gear.



## ■ Zama Local Tours • 263-4671

(Map location 31)

# MASQUERADE PARADE IN YOKOHAMA

Saturday, 3 May \$2 (bus transportation only) Depart: 9 am • Return: 5 pm Come with us to the largest festival celebrated in Yokohama! It's a colorful event that commemorates the opening of the port and features a masquerade parade with many participants in a variety of costumes.

### MOTHER'S FARM

Saturday, 10 May Adult: \$15 • Youth: \$9 (bus transportation only)

Depart: 8 am • Return: 6 pm Various farm animals, bungee jumping, go carts, amusement rides and much more await you at Mother's Farm! Bring yen for admission, rides, bungee jumping and lunch.

### SEA KAYAKING OVERNIGHT AND HOT SPRING AT IZU PENINSULA

Saturday - Sunday, 10 - 11 May Adult (ages 15 and up) only: \$99 (rental kayak, kayak instructor, Japanese inn accommodation, escort and bus transportation). Sign up by 5:30 pm, Thursday, 1 May. Depart: 6 am, Saturday, 10 May Return: 9 pm, Sunday, 11 May Kayaking adventure includes: snorkeling, diving from a big rock, a hot spring, a quiet and rural fisherman's village, etc. Enjoy the dynamic and beautiful scenery of rock walls and secret caves of Izu Peninsula. Enjoy and relax in a free outdoor hot spring provided near the ocean after kayaking, too!

### MOTHER'S DAY BRUNCH AT THE NEW SANNO AND ODAIBA

Sunday, 11 May
Adult: \$29 • Youth: \$20 (brunch, guide and bus transportation)
Depart: 9 am • Return: 6 pm
Happy Mother's Day! Mothers, on your special day enjoy a delicious Mother's Day Brunch at the New Sanno. After, enjoy some free time

at Odaiba, a fashionable city with many shops, restaurants and more.

# SHIMODA BLACK SHIP FESTIVAL

Saturday, 17 May

Adult: \$29 • Youth: \$25 (Guide and bus transportation)

Depart: 6 am • Return: 8 pm Experience the history and fun at the Shimoda Black Ship Festival. The festival highlights the tradition and friendship between the United States and our host country, Japan!

### ASAKUSA SANJYA FESTIVAL

Saturday, 17 May
Adult: \$16 • Youth: \$13 (boat fee, guide and bus transportation)
Depart: 10 am • Return: 7 pm
The Sanjya Festival is regarded as the largest festival in Tokyo, with more than 100 portable shrines carried through the street to "Sanjya Sama" (Asakusa Shrine) while festival music and dances are performed.

### **SOARING INTO THE SKY!**

Paragliding Class for Beginners by Mt. Fuji (adults only) Saturday, 17 May

\$19 (staff escort and round trip transportation)

Depart: 6:15 am • Return: 9:15 pm One day introductory course.

- Bring ¥8,000 plus extra yen on the day of trip. (one day class fee including rental gear: ¥7,000, sports insurance: ¥1,000) No dollars accepted.
- Bring your lunch, drink and snacks.
- Paragliding area is subject to change.
- Class will be cancelled if it is a rainy and gusty day. You will be notified by phone on Friday (between 7 pm 8 pm) or by contacting Outdoor Recreation on Saturday (about 6 am).
- It is not assured that you will be able to fly, depending on the wind conditions and/or your skill.
- Schedules are subject to change. Call Yukiko @263-4807 or e-mail yukiko.takahashi@zama.army.mil for more information. Also other dis-

cover classes are provided by the school. (three months Master Course A and B - ¥18,000 and etc).

• Lifetime Sports and Recreation

### JOGASHIMA ISLAND

Sunday, 18 May

Adult: \$15 • Youth: \$10 (bus trans-

portation only)

Depart: 8:30 am • Return: 4:30 pm Jogashima Island is renowned for its picturesque landscape and the intense crashing waves. Sit and eat a picnic lunch at Jogashima Park and emerge with the peaceful feelings of nature.

### PICNIC IN MACHIDA

Yakushi ike Park and Squirrel Park Sunday, 18 May

\$3 (bus transportation only)

Depart: 9:30 am • Return: 3:30 pm Yakushi ike Park is a rich green Japanese style garden with many kinds of blossoms. Located next door is Squirrel Park, with over 400 Taiwanese squirrels.

### **KINOSHITA CIRCUS**

Sunday, 18 May

Adult: \$24 • Youth: \$16 (circus admission and bus transportation)
Depart: 9 am • Return: 5:30 pm
The circus has an opening show, a
Mixed Wild Animal Act, an Amazing Safari Spectacle, an Adorable
Elephant Show and a Double Flying Trapeze. We'll stop at Yokota for lunch.

### YOKOHAMA ZIPTRIP

Friday, 23 May

Adults: \$9 • Youths: \$5 (bus trans-

portation only)

Depart: 9:30 am • Return: 6 pm Explore the famous Yokohama area! Spend some free time exploring Minato Mirai, Chinatown, Yamashita Park or other sites.

### YOKOTA SHOPPING

Saturday, 24 May \$5 (bus transportation only) Depart: 8:30 am • Return: 4 pm Take a trip to the Yokota BX which is two stories tall and has a variety of places to eat.

### **FUJI SAFARI PARK**

Saturday, 24 May

Adult: \$33 • Youth: \$19 (park admission and bus transportation)
Depart: 8 am • Return: 4:30 pm
At Fuji Safari Park you can view the animals roaming free from the bus as it drives through the Safari Zone.
Also visit the Animal Village, Petting Zone, restaurants and shops.

# ODAWARA CASTLE AND HAKONE

Sunday, 25 May

Adult: \$25 • Youth: \$20

(castle admission, guide and bus

transportation)

Depart: 7:30 am • Return: 6 pm Odawara Castle is a reconstruction of a typical Japanese castle from the Middle Ages. Afterwards, spend some free time at Lake Ashi in Hakone.

### NIKKO HOT SPRING OVERNIGHT

Sunday - Monday, 25 - 26 May Adult:

\$180 (Single Room)

\$180 each (Twin Room)

\$170 each (3 Person Room) 4-5

\$160 each (Person Room)

Youth:

\$135 each (Twin Room)

\$130 each (3 Person Room

\$125 each (4-5 Person Room)

(one night accommodation, Japanese style dinner and Japanese and Western style buffet breakfast, admissions, guide and bus transportation)

Depart: 6 am, Sunday

Return: 6 pm, Monday

Join Local Tours on this overnight hot spring tour to Nikko which is noted for its beautiful scenery and ancient history.

### TOKYO DISNEYLAND/ DISNEYSEA

Monday, 26 May

Adult: \$12 • Youth: \$9 (bus trans-

portation only)

Depart: 5 am • Return: 11:30 pm

Both the young and the young-at-heart will enjoy Disneyland's seven theme lands; or check out DisneySea's seven unique theme ports.

# TOKYO BAY LUNCH CRUISE AND ODAIBA

Monday, 26 May

\$49 (lunch cruise, guide and bus transportation)

Depart: 9 am • Return: 6 pm Enjoy a two hour French cuisine lunch cruise on Tokyo Bay while viewing downtown Tokyo and the famous Rainbow Bridge. After spend some free time at Odaiba, a very fashionable city.

### **CLAM DIGGING**

Saturday, 31 May

Adult: \$30 • Youth: \$24 (clam digging fee, guide and bus transportation)
Depart: 7:30 • Return: 5 pm

Take a day to relax and have fun with the family. Join us on this tour and go clam digging! At Futsu Kaigan you can dig for clams, play tennis, swim, etc.

### MT. NOKOGIRI HIKE

Saturday, 31 May

Adult: \$11 • Youth: \$9 (staff escort and bus round transportation)

Depart: 6:30 am • Return: 5:30 pm "Nokogiri-yama" (Mt. Saw) is named after it's own unique saw shape. It was easily recognized as a landmark for ships entering into Tokyo Bay in the old days. The hike will start from the foot of Mt. Nokogiri and will reach the north entrance of Nihon. Bring Yen for the entrance fee at Nihon Temple (adult: ¥600, youth: ¥400) or to purchase souvenirs.

Bring lunch, snacks and drinks. There are no shops/restaurants/vending machines available on the trail or in the area of Nihon Temple.

• Schedules are subject to change without notice.

Call Yukiko at 263-4807 or e-mail yukiko.takahashi@zama.army.mil for more information.

• Lifetime Sports and Recreation

# ■ Torii Station, Okinawa MWR Activities • 644-4703 (Map location )

### SPORTS AND RECREATION

The annual Dragon Boat Race will occur on 5 May, with a separate division for military rowers to compete against each other. The men's Army team was victorious last year and will be defending their championship. Contact CWO3 Williamson at 644-5120 to sign up. The women's team has been practicing for a month; interested rowers can call Paula Nichols at 644-4116 or Christy Kirby at 633-4299. A 30K Bike Race will be held on 18 May at 8 am on the Torii Station perimeter and will be an Island wide open event. Awards will be given to all divisions and T-shirts will be presented to all entrants. The fee is \$10 or ¥2,000. The second Beach Blast Volleyball event will be on 24 May. It is 3 on 3 beach volleyball with five team members on a team. Entry fee is \$5 or ¥800 per individual. A new event is kayak racing to be held on Sunday the 25th. Register at the Fitness Center or on race day prior to the 9 am start time. There is a nominal registration fee of \$10 or \$2,000.

### **ARMY GOLF**

Thursday, 1 May, is the golf event. Because of certain situations at the golf course, the start time could be changed, so verify with Mr. Collins before 1 May that it will be 1 pm. "Shotgun Start" format with a 1 pm tee time. It is important that you show up no later than 12:30 pm for the hole assignment and briefing. We cannot accommodate late shows. Budweiser is providing tees, shirts, key chains and a special prize, plus we will have our certificate drawings. You must be present to win. Remember that golf fees must be paid in advance to allow us to reserve tee times. Call 644-4144 or Email collins@okinawa.army.mil. for information.

### **SCUBA LOCKER**

The Scuba Locker now has a full complement of equipment available for the surfer. Whether you are a brand new diver or you desire to upgrade to the top level of qualification, we have a highly qualified staff available to train you. Check with the training staff to sign up for SCUBA classes and don't forget about the opportunity of a lifetime...Dive with a Whale Shark! Did you know that the SCUBA Locker offers FREE air fills to all ID card holders! Call 644-4795 for further information on class schedules.

### **AUTO SKILLS CENTER**

The latest addition to the MWR family is the recent opening of the Auto Skills Center. Your auto problems can be resolved with the help of a professionally trained staff. The Center is open Thursday-Monday, 11 am - 8 pm; closed on Tuesdays and Wednesdays.

### **FLEA MARKET**

The popular "FREE" Flea Market will be held on 10 and 24 May to include the new "Vegetable Market". We will meet at the Torii Station LZ Renegade Area located near the beach. The hours are noon to 3:30 pm. This is Okinawa's only FREE Flea Market and will be open to the Island community. Open gate policy will be in effect with entrance through the "Beach Gate". Call 644-4334 for further information or assistance.

### **CORAL COVE CLUB**

The new management of the Coral Cove has three new events for your patronage: "Over the Hump Night" every Wednesday in May and June; Free Taco Bar from 5 -7 pm, DJ "T" from 5 -11 pm, prize giveaways and a \$50 grand prize; and "Ladies Night" every Saturday, 5 pm - 2 am. There will be two \$50 grand prizes (one for ladies). On Fridays in May and June we will celebrate "Kampai Friday" with FREE snacks, the DJ "T", door prize giveaways and a grand prize of \$50 cash. Budweiser will provide T-shirts as door prizes. The Sunday Brunch at the Coral

Cove Club is offered from 10 am to 1:30 pm at a nominal price of \$8.95 for adults, \$4.50 for children ages 5 - 10 and free to children ages 4 and under. On Mondays kick off the week with FREE karaoke in the Lounge 5 - 11 pm. Remember, the Coral Cove Club always wants you to practice safe alcohol consumption. Don't drink and drive!

# ARMY COMMUNITY ACTIVITIES

There will be a full month of activities beginning with the Newcomer's Briefing on 6 May. A Financial Readiness Class will be offered on 13 May in the ACS briefing room, Bldg. 236. An Okinawan Pottery class will be offered in the Relocation Office in Bldg. 236 on 22 May. We will close out the month with a "Military Spouse Day" tour to honor all of the wonderful and dedicated spouses. Call us for times for this special event. All of the other classes and events will be held in the ACS briefing room, Bldg. 236. Call 644-4110 for further information and times of the programs.

### **THEATER**

Enjoy the free movies brought to you by the AAFES and Torii DCA Division every Friday through Monday starting at 7 pm. Look for schedules in the "Island Market", "This Week On Okinawa" and the monthly "Torii Newsletter".

### **ARTS AND CRAFTS**

Framing and matting instructions are available, plus there are woodworking and ceramics departments to enable you to complete a variety of projects. Why pay for it when you can have the distinction and enjoyment of personal accomplishments? Our staff endeavors to give you the personal service that you deserve. Call 644-4403 Monday, Thursday and Fridays from noon - 8 pm, or visit us at Bldg. 240 near the main gate.

# ■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF COMMUNITY ACTIVITIES 263-7611  Army Community Services Branch  Army Community Services Mon, Wed & Fri 0730-1630 Tue & Thu 0730-1730	Dinner Tue-Sat 1700-2000 Lounge/Game Room Tue-Thu 1100-2200 Fri 1100-2400 Sat 1630-2300	Central Registration         263-4743           Mon-Fri         0730-1630           Depot Dev Group Home         268-4625           Mon-Fri         0830-1730           Sagamihara CDC         267-6564           Mon-Fri         0530-1800           Zama CDC         263-4992
ZAMA Golf Club	Open during lunch	Mon-Fri 0530-1800 ■ YOUTH SERVICES
Administrative Office 263-4224	Community Recreation Division	Depot Youth Center 268-4625
263-4966	■ ADMINISTRATIVE OFFICE 263-7935	<b>Zama Youth Center</b> 263-4500 Mon-Thu 1430-1930
(All the following golf activities are open during lunch. Course/Starter 263-4975		Fri-Sat 1200-2100
Mon-Fri 0800-Dark	Mon-Tue Closed Wed-Thu 1300-2100	Sun Closed School Age Services (SHA) 267-6317
Sat, Sun & Hol 0700-Dark <b>Restaurant</b> 263-4328	Fri, Sat & Sun 1000-1800 Open during lunch	Mon-Fri 0630-1800
Mon-Fri 0630-1700	■ AUTO CRAFTS SHOP 263-3615	Youth Sports 263-5437 Tue-Sat 0900-1800
Sat, Sun & Hol 0600-1700 <b>Pro Shop</b> 263-5284	Mon-Tue Closed Wed-Fri 1300-2100	Open during lunch
Mon-Fri 0715-1500	Sat-Sun 1000-1800	Services Division
Sat, Sun & Hol 0615-1500 <b>Driving Range 263-4565</b>	■ COMMUNITY CULTURAL CTR 263-3939	■ ADMINISTRATIVE OFFICE 263-5962
Tues-Sat 1200-2030	Mon-Fri 0900-2045 Sat, Sun & Hol Closed	ADMINISTRATIVE OFFICE 203-3902
Mon (No Attendant) 1200-2030 Sun 1600-2000	Open during lunch  INTERNATIONAL TOURS 263-5273	Zama Lodging
Bar	Mon-Fri 1000-1800	■ ADMINISTRATIVE OFFICE 263-3293
Mon-Fri 1100-1700 Sat, Sun & Hol 0615-1700	Open during lunch ■ LIBRARY	Reservation Desk 263-2775 Front Desk 263-3830
Chip Inn & Snack Stand	Zama 263-3517	Open 24 hours/7 days a week
Mon-Fri 0745-1530 Sat, Sun & Hol 0730-1530	Mon-Thu 1000-2030 Fri- Sun & Hol 1000-1800	USAG-J Okinawa MWR
	Open during lunch	
Community Operations Division	<b>Depot</b> 268-4523 Tue-Thu 1100-1900	■ DIRECTOR COMMUNITY ACTIVITIES 644-5396
■ ADMINISTRATIVE OFFICE 263-4452	Fri & Sat 0900-1700	■ ARMY COMMUNITY SERVICE
<b>■</b> BOWLING CENTER ZAMA 263-5614 263-4780		Director <b>644-4110</b>   Receptionist <b>644-4175</b>
Mon - Wed & Sat 1100-2000 Thu & Fri 1100-2230	Sagamiĥara 267-6603	Relocation Coordinator 644-4385
Holidays 1100-1700	Tue-Thu 1000-1900 Fri-Sat 0900-1800	Outreach/Volunteer Coordinator 644-4116 Finance/Consumer Affairs/AER 644-4378
■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000	Sun, Mon & Hol Closed	School Liaison Officer 644-4908
Sun - Mon Closed	Closed for lunch 1400-1500  OUTDOOR RECREATION 263-4671	Family Advocacy <b>644-4106</b> AF TB / AFAP Manager <b>644-4743</b>
ZAMA COMMUNITY CLUB 263-4133	Vehicle Rental/Equipment Rental	■ ARTS & CRAFT CENTER 644-4303
Tue-Thu 1045-1315	Mon-Fri 0900-1730 Sat-Sun 0800-1600	Lobby 644-4706  ■ CORAL COVE COMMUNITY CLUB
Sunday Brunch 1000-1330  Cashier & Game Rooms	Holidays 1000-1400	Business Manager 644-4894
Sun-Thu 1000-2300	Open during lunch Local Tours 263-4671	Lounge <b>644-4306</b> Cashier Cage <b>644-4426</b>
Fri 1000-0230 Sat 1000-0330	Mon-Fri 0900-1730 Holidays 1000-1400	Kitchen 644-4505 ■ LIBRARY 644-4468
Catering 263-4204	Open during lunch	Staff Room 644-5335
Tue, Thu & Fri 0930-1730 Wed Appts Only	Animal Boarding Kennels 263-5915 Mon-Fri 1000-1700	■ MARKETING 644-4703 Commercial Sponsorship 644-4495
Café Roberto	Sat-Sun, Holidays 1000-1600	Graphic/Illustration 644-4665
Tue-Thu & Sun 1100-2200 Fri 1100-0100	Closed for lunch 1230-1330 <b>263-5656</b>	■ MOVIE THEATER 644-4381 ■ SPORTS/OUTDOOR REC 644-4144
Sat 1100-0100 Cornerstone Game Room (no bar)	YANO	Customer Svc/Pavilion Rental 644-4334
Tue-Thu & Sun 1000-2300	Mon-Fri 0530-1800 Sat-Sun, Holidays 1000-1800	Sports Specialist 644-4797 Event Coordinator 644-4169
Fri 1000-0330 Sat 1000-0230	SHA	Swimming Pool <b>644-4389</b>
Eda's Seafood & Filet	Mon-Sun 1200-1800 <b>DEPOT</b>	Scuba Locker         644-4795           Retail Sales         644-4290
Thu & Sun 1700-2100 Fri & Sat 1700-2200	Wed-Sun 1200-1800	Equipment Issue 644-4263
Firelite Lounge	■ SPORTS/FITNESS CENTER 263-4664 Zama	Parks, Picnic & Beach 644-4698
Sun, Tue-Thu 1630-2300 Fri 1630-0330	Mon-Fri 0530-2030 Sat-Sun, Holidays 1000-1800	Kure Harbor Club
Sat 1900-0230	Sat-Sun, Holidays 1000-1800 Open during lunch	■ MWR Office 0800-1630 256-2580
USA Dining Room Tue, Thu & Sun 1700-2100	Sagamihara Open 24 hours Depot 268-4729	256-2581 <b>Outdoor Recreation</b> 0900/1700 256-2575
Wed Closed	Mon-Fri 1100-2000	■ Dining Room
Fri-Sat 1700-2200 ■ HOB NOB INN 267-6372	Sat & Sun 1000-1700 Open during lunch	Mon-Fri (Breakfast) 0700-0830 Mon-Fri (Lunch) 1130-1300
Lounge & Game Room	Open during functi	Tue-Sat (Dinner) 1630-2000
Mon, Tue & Thu 1630 - 2100 Wed 1630 - 2300	Child and Youth Services Branch	<b>Bar</b> Mon 1630-2000
Fri 1630 - 0100	■ ADMINISTRATIVE OFFICE 263-5701	Tue-Sat 1630-2200
Sat 1900 - 0100 Sun Closed	■ Child & YS Coordinator 263-8086 (All the following CDC facilities are open during	■ PX / CLASS 6  Mon-Fri 0900-1730
Restaurant (Closed) ■ SAGAMI LOUNGE 268-4954	lunch.)	Sat 1130-1530
= 5/13/1/11 EOONGE 200-4334		

# at Camp Zama Community Cultural Center



